IN-OUT Technique

1. Mark Exit Points—Vaginal incision
   Locate the reference exit points; one horizontal line at the level of the urethral meatus and another parallel one at 2cm above the first line.
   Mark the reference exit points on this second line; 2 cm latera to the folds of the thigh. Make a 1cm midline vaginal incision starting 1 cm proximal to the urethral meatus.

2. Dissect and insert the helical needle passer

3. Insert the suture (located at the tip of the Kim sling) inside the hole of the needle’s tip.

4. Pull backwards the helical passer to bring the tip of Kim sling to the vaginal incision.

5. Insert the suture from the other tip of the Kim sling inside the tip of the helical needle.

6. Insert the helical needle passer with the suture of the tip of the Kim sling from the vaginal incision to outside the skin at the contralateral side.

7. Ensure that the mesh lies flat under the urethra.

8. Make final mesh adjustment. Cut the ends of the sling at the skin level and close vaginal and skin incisions.